

# WHY BLAST?

Parents often ask "why send a child to BLAST?" At BLAST, children feel safe, they feel respected, and they feel included. Participants are given a voice and a chance to better understand themselves and how they engage in the world. It gives them an opportunity to learn about how they can feel successful in social environments, including advocating for their needs, expressing themselves, and joining in play.

At BLAST we work to provide support and information to create more inclusive environments.

## OUR SERVICES



BLAST provides a range of services in the San Gabriel Valley designed to foster confidence, independence, and positive self esteem through experiential social learning. At BLAST, we help each participant to better understand themselves and the ways that they want to engage in the world through friendship skills, communication skills, affect regulation, and self regulation. We currently offer social skills training, adaptive skills, community integration, camp programs.

### Social Skills Training

Social Skills Training provides participants with real time opportunities to learn about themselves and how they can feel successful in social situations. Staff are trained to facilitate social growth through conflict skills, friendship building skills, communication skills, and self regulation skills. BLAST works from a neurodivergent affirmative standpoint and aims to promote self discovery and self confidence in individuals that otherwise struggle to feel successful.

### Adaptive Skills

The Adaptive Skills Program actively supports individuals to be more effective in their daily living activities. Staff assist individuals in developing skills related to communication, self direction, social engagement, health and safety, independent living, and more. Skills are individualized.

### Community Integration

The Community Integration Program actively supports individuals as they engage in community-based activities while recognizing their preferences and desire individual choice. Activities include: library visits, park visits, hiking, arts and crafts, music and dance, sports, and monthly large group field trips, and more.

### School Break Camp and Summer Camp

School Break Camp and Summer Camp are offered at Thanksgiving, Winter Break, Spring Break, School Holidays, and June/July each year.

## CONTACT US!

(818) 583-7134, [info@blastprograms.org](mailto:info@blastprograms.org) or  
(818) 213-1373, [jackie@blastprograms.org](mailto:jackie@blastprograms.org)  
[www.blastprograms.org](http://www.blastprograms.org)



What you need  
to know

# BLAST CAMP

INCLUSIVE DAY CAMP IN  
LA CRESCENTA, CA FOR  
AGES 5 - 14

BUILDING LASTING SUCCESS TOGETHER:  
EXPERIENTIAL LEARNING IN A SAFE AND  
INCLUSIVE SETTING

# ABOUT BLAST CAMP

BLAST Camp offers traditional camp programming with the added attention and care of staff trained to assist participants who typically struggle to have success in social environments. Designed with inclusivity in mind, BLAST Camp staff assist campers in integrating into the camp group, participating in large and small group games, going on outings, and working through social challenges.

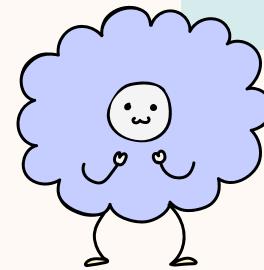


# MORE INFO! ABOUT BLAST CAMP

Cost: \$150 per full day. \$75 per half day.  
Vendored with the Regional Center. SDP funding accepted (service HD0600).

## START HERE

To learn more about BLAST Camp



### NO. 6: WHO

- Ages: 5 - 14

### NO. 1: DATE AND LOCATION

June 15 - August 7  
November 24 - 26  
December 22 - 26  
December 29 - January 2  
Closed Major Holidays

2512 Foothill Blvd, La Crescenta

## BLAST CAMP

### NO. 5: SPECIAL EVENTS

Wednesday: Field Trips  
Friday: Vendors

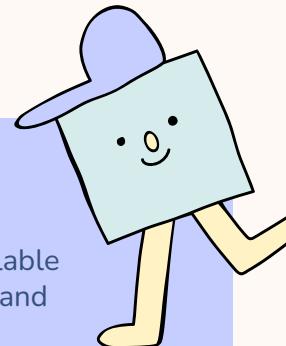


There is only one world and all people without exception are part of it

### NO. 2: TIMES

9:00 am - 3:00 pm.

Extended Care: Available from 8:00 - 9:00 am and 3:00 - 4:00 pm



### NO. 3: DAILY SCHEDULE

- 9:00 - 9:30 Arrival
- 9:30 - 9:40: Morning Meeting
- 9:40 - 10:25: Activity Block
- 10:25 - 10:40: Snack
- 10:40 - 11:30: Activity Block
- 11:30 - 12:00: Lunch
- 12:00 - 12:30: Free play
- 12:30 - 1:15: Camper Choice
- 1:15 - 2:00: Activity Block
- 2:00- 2:45:Activity Block
- 2:45 - 3:00: Closing



### NO. 4: ACTIVITIES

Camp games, crafts, experiments, team building challenges, themed days, local field trips, and more.

